

ew six-session course from 🔛 r Jewish Lea<u>rning Institute</u>

HOW HAPPINESS THINKS

HOW HAPPINESS THINKS is a course of six 90-minute sessions of group discussions, readings, and inspired learning. More importantly, it's a course of action: a Jewish roadmap to finding lasting, deep, and resourceful happiness. You'll learn that happiness isn't just an emotion that visits by chance. Happiness is a state of mind that you can cultivate and nourish with practical steps-based on both Jewish learning and recent scientific observation-and take to levels you learning and recent scientific observation-and take to levels you might have thought unimaginable.

How Happiness Thinks seeks the core happiness that we know is inside of you, just waiting to come out. Let's discover it together.

More Info

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The Columbus Jewish Foundation 1175 College Ave. (southern entrance) Columbus OH 43209 Six Monday evenings, starting Monday, Nov. 3 7:15 pm-9:00 pm____

The Lori Schottenstein Chabad Ce 6620 E. Dublin-Granville Rd., New Albany, OH 43054 Six Wednesday evenings, starting Wednesday, Nov. 5 7:30-9.00 pm

Fee: \$110 (textbooks included). Includes refreshments and all supplies.

Earn up to 15 CE credits - details at myili.com



LifeTown provides life skills training for children with disabilities. We rely on volunteers to make our unique program work.

Our new school sessions begin October 15 - to volunteer, sign up at Signup Genius or email volunteer coordinator Nancy Eisenman for more information.



Chabad Hebrew School enrollment is open! For more information: <u>www.chabadhs.org</u> Call 614-939-0765 or 614-578-9318 or email <u>hebrewschool@chabadhs.org</u>

FIRST TASTE Program - Judaism Comes Alive! At Chabad, the richness and beauty of our Jewish traditions come to life. Our dynamic programs will educate, stimulate and excite your children intellectually, emotionally and practically. We believe that a child's Jewish learning must be creative, memorable and fun. Because at Chabad, children don't just love to learn about Judaism, they learn to love Judaism too.





The Lori Schottenstein Chabad 6220 East Dubin-Granville Rd. New Albany, OH 43054

For more info contact Esther esther@friendscolumbus.com 614.563.2261

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12:00 - 1:00 pm. Light brunch will be served.

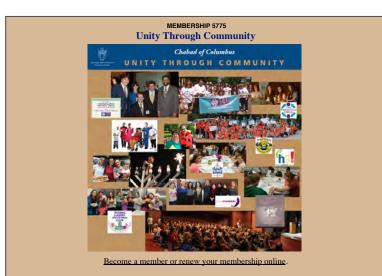
Cost: \$105 registration for entire year includes textbook; or \$20 per individual class.

Chabad of Columbus 6220 East Dublin Granville Road New Albany, OH 43054-9381

For info or to register: <u>esther@friendscolumbus.com</u> | 614.563.2261

Romantics of all ages have waxed poetic on the notion of "soulmates," seeking to grasp what makes love and passion so potent, what drives the inexplicable magnetism between two people, and what makes true love last. Yet millennia of Jewish text and tradition are rich with insights on this very topic, from the mystical and spiritual to the no-nonsense and practical. Whether you are currently married, considering someday tying the knot, or simply seek to better understand the spiritual root of love and marriage, Soulmates is a seven-session course drawing on timeless Jewish wisdom that will forever change how you think about the important relationship in your life, in all its beauty and complexity.

Course synopsis by chapters here:



You may also call our office at 614-939-0765 or email <u>rabbi@chabadcolumbus.com</u>



Weekly Torah study Please join us for "A Journey into the Soul of Torah", a weekly Torah study. The class will continue on Thursdays at 7:30 pm at The Lori

Schottenstein Chadbad Center. Open to d free of charge

Kiddush Sponsorship Opportunities Available Looking for a meaningful way to recognize a special day? Consider sponsoring a Kiddush. For more information, please contact the Chabad office at 614-939-0765



Brought to you by:

The Lori Schottenstein Chabad Center 6220 East Dublin-Granville Road New Albany, OH 43054 614-939-0765 www.chabadcolumbus.com

Look for Chabad Columbus - please "friend" us!